



West Valley City Fitness and Recreation Center News

Summer Soccer Camp

July 9 - 13, 2012

West Valley City Centennial Park

West Valley City Family Fitness Center has teamed up to host the week-long British Soccer Camp. The soccer camp sessions are offered for the following ages:

Ages 3-4	First Kicks from 11 a.m. – 12 p.m.	\$75
Ages 4-5	Mini Soccer A.M. from 9 a.m. – 10:30 a.m.	\$88
Ages 4-5	Mini Soccer P.M. from 5:30 p.m. – 7 p.m.	\$88
Ages 6-9	Half Day Camp from 9 a.m. – 12 p.m.	\$115
Ages 10-16	Half Day Camp from 9 a.m. – 12 p.m.	\$115
Ages 8-16	Golden Goal from 1 p.m. – 3 p.m.	\$35

Each camper will receive a free camp t-shirt, soccer ball, giant soccer poster and an individual skills performance evaluation. In addition, any child who signs up online at least 45 days prior to camp will receive a genuine British Soccer replica jersey (\$39 value).

To sign up for the camp, either visit www.challengersports.com or contact Valerie Custer at 801-955-4016 or email valerie.custer@wvc-ut.gov.

Space is limited - parents are encouraged to sign up online in advance.

T-Ball & Coaches Pitch

Games and instruction designed to teach girls and boys ages 4 – 6 basics in T-Ball.

\$40 per player, includes t-shirt, team & individual photo, and participation award.

May 17 – June 21
Games begin at 5:30 p.m.

Registration due April 30, 2012

Volunteer coaches needed;
call (801) 955-4012 to volunteer.

Spring Machine Pitch

Boys and Girls ages 7- 10

May 15 through June 21
Games begin at 5:30 p.m.

Games and instruction designed to teach basics in Machine Pitch.

\$42 per player includes t-shirt, team & individual photo, and participation award.

Registration due April 30, 2012.

Volunteer coaches needed;
call 801-955-4012 to volunteer.

Kidz Kamp Summer Program

For boys and girls 5-11 years old

Camp runs June 4 through August 24

Themed weeks include:
Pirates Week, Western Week, Around the World Week, Super Hero Week, Under the Sea Week, Minute to Win It Week, and more!

Monday – Friday
7 a.m. to 6 p.m.

Includes: field trips, arts & crafts, swimming, sports, Kidz Yoga, Kidz Zumba, silly games, rock climbing, yummy lunch, snacks and much more.

\$97 per week per child (\$87 per week for additional children) or \$24 per day per child
(No refunds or date changes)

Register by Wednesday 1 p.m.
the week prior to camp.

No late registrations or date changes accepted.

FREE British Soccer Clinic Thursday, May 24

West Valley City Centennial Park

Ages 4-7
5:30 p.m. – 6:30 p.m.

Ages 8 and older
6:30 p.m. – 7:30 p.m.

Just show up with a soccer ball and the British Soccer coaches will run their amazing sessions!

Personal Training

Members, don't forget to use your FREE 30 minute fitness evaluation coupon you received upon joining or renewing your membership at the West Valley City Family Fitness Center.

Personal Training Programs Available:
Fitness evaluations, body composition testing, individual personal training & equipment orientation.

For more information stop by the front desk or call 801-955-4000.



5415 West 3100 South, West Valley City, UT 84120 (801) 955-4000 www.wvc-ut.gov/fitnesscenter
Facility Hours: M-F 5 a.m. - 10 p.m. Saturday 6:30 a.m. - 9 p.m. Sunday 10:30 a.m. - 5 p.m.
Lap Swim: M-F 5 a.m. - 9 p.m. Saturday 6:30 a.m. - 8 p.m. Sunday 11:30 a.m. - 5 p.m.
Open Plunge: M-F 11:30 a.m. - 9 p.m. (slide opens at 5 p.m.) Saturday 11:30 a.m. - 8 p.m. Sunday 1 p.m. - 4 p.m.

